

Week 1



Northwood College Vincent House & Bluebelle House Menu



MONDAY

Chinese Turkey Strips

Root Vegetable Bake

Carrots
New Potatoes

Date & Toffee Pudding with
Caramel sauce



THURSDAY

Sweet & Sour Pork

Quorn & Vegetable Stir Fry

Rice

Cherry & Apple Pie
with Custard

TUESDAY

Chunky Beef Chilli

Soya Chilli

Yellow Rice
Sweetcorn

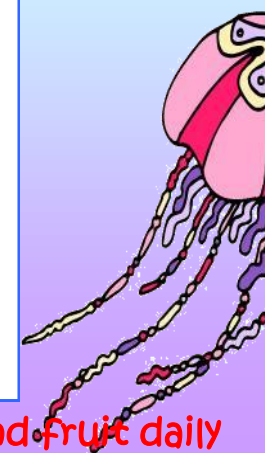
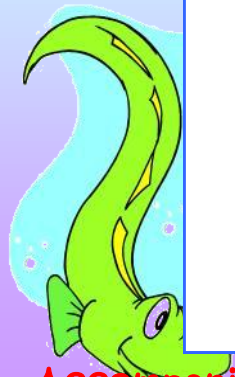
Banana & Honey Sponge
With Custard

WEDNESDAY

Roast Lamb with Minted Gravy

Vegetable Biryani
Roast Potatoes
Broccoli

Chocolate & Raspberry
Brownie



FRIDAY

Breaded Fish Of The Day
OR Fish Fingers

Pasta Bake
Chips
Garden Peas
Spaghetti Hoops

Jam Doughnuts

Accompanied by vegetable batons and fruit daily