

Northwood College

Vincent House & Bluebelle House Menu

Week 3

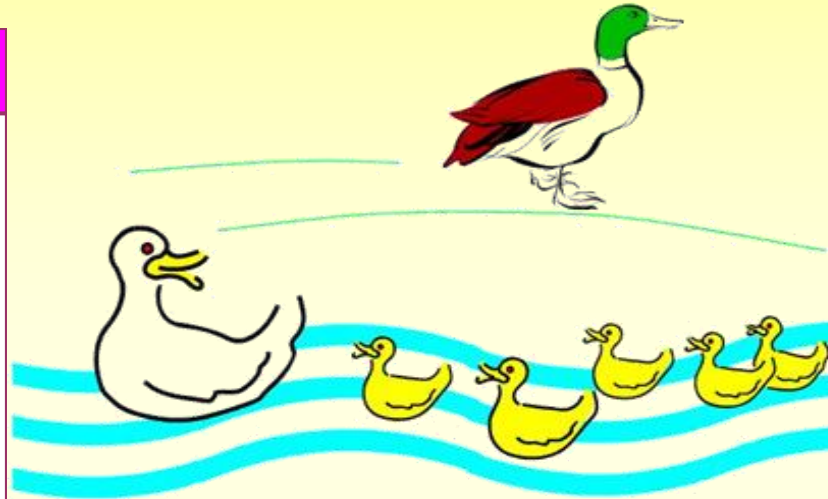
MONDAY

Chicken Curry

Vegetarian Samosa

Rice
Naan Bread

Apple Pie & Custard



THURSDAY

Minced Beef & Onion Pie

Deep Fried Vegetables with
Tomato sauce

New Potatoes
Leeks

Rice Pudding
With Jam Sauce



TUESDAY

Baked Fish
Macaroni Cheese

Garlic Bread
Peas & Carrots

Chocolate & Cherry Rice
Krispie Cake



WEDNESDAY

Roast Pork & Apple Sauce

Leek & Butternut Squash
Canneloni

Roast Potatoes
Cauliflower

Pineapple Upside down
Sponge With Custard



FRIDAY

Battered Fish of the Day
OR Fish Fingers

Chips
Garden Peas or
Spaghetti Hoops

Carrot Cake



Accompanied by vegetable batons and fruit daily